Do you have a story to share in Tree Link?  [Contact us!]

[Subscribe to Tree Link]

**Quote of the Month**

The tree is more than first a seed, then a stem, then a living trunk, and then dead timber. The tree is a slow, enduring force straining to win the sky.


**Timely Tree Tips**

Winter is a great time to evaluate the structure of your tree and do some corrective pruning, if necessary. Find a how-to [pruning guide by the US Forest Service](https://www.fs.usda.gov/) by following [this link](https://www.fs.usda.gov/). (En Espanola) Read more about pruning in this month's Tree Link.

An example of structural pruning in a young tree.
Training Trees

Trees don't outgrow their clothes like kids do, but they may "outgrow" the branch structure they have as a young nursery tree. Structurally sound tree canopies start with strategic pruning as a tree grows.

Read more.

http://www.treesforthefuture.org/

Council Communique'

Cozy Up With Some Great Tree-ding
We have a few months until sun and warmth beckon us back outdoors. There is still time to catch up on reading. Dr. Kathy Wolf shares a book list that report on the human responses to nature, including improved human health and well-being.

Read more

Web-ucation: Links to help you learn

**What's In the Box? Growing Our Community** Paul Johnson Urban Forestry Coordinator with Texas A&M Forest Service tells us in just a few minutes, how to “save the world” with trees, and how to use “tree tai chi” to plant a tree.

**Nature and Human Well Being: Tree and Human Health May Be Linked** Evidence is increasing from multiple scientific fields that exposure to the natural environment can improve human health. In a new study by the U.S. Forest Service, the presence of trees was associated with human health.

**What's the recipe for great looking trees in 25 years?** With plenty of soil volume, even downtown city trees are looking good.

**Are Rain Gardens Mini Toxic Cleanup Sites?** Sure rain gardens and swales capture storm water run-off, but how do they affect our health?

February Calendar of Events, Activities, and Opportunities

Read more.
Contact Us:

WASHINGTON DNR Urban and Community Forestry
P.O. Box 47037, Olympia, WA  98504-7037
urban_forestry@dnr.wa.gov

Sarah Foster
Urban & Community Forestry Program Manager
(360) 902-1704
sarah.foster@dnr.wa.gov

Linden Lampman
Tree Link Editor
Urban & Community Forestry Specialist
(800) 523-8733
linden.mead@dnr.wa.gov

Nicki Eisfeldt
GIS Specialist
Community Forestry Grant Contact
(360) 902-1330
nicholene.eisfeldt@dnr.wa.gov

Garth Davis
Forestry Program Manager
Spokane County Conservation District
U&CF Assistance for Spokane, Pend Oreille, Stevens, Ferry, Lincoln & Whitman Counties
(509) 535-7274
garth-davis@sccd.org